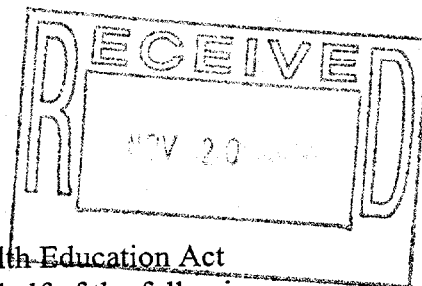


**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA**



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building Products® Extreme XXL™, Product #55589** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Carbohydrate & Protein** is as follows:

(Statement 1)

Loaded with 50 grams of whey protein isolate, 215 grams of carbohydrates, 1070 calories and less than 1 gram of fat makes Extreme XXL the perfect mass builder.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of November, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

LSR Bucci
DR. LUKE R. BUCCI
Vice President of Research

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